

Benjamin Denny

the culture guy

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No More Fear: A Manifesto for Life

Talk length: 45/60 minute keynote speech

Key points:

- Discover what makes you tick and figure out your Ikigai – what you love, what the world needs, what you are good at, what you can get paid for.
- Learn about mindsets and how in life you either win or you learn.
- Understand why we get distracted from our goals and pulled off course
- Find out how to focus your attention and practise the and habits that will keep you track, moving towards your goals.
- Discover the simple three step daily process to make sure you don't waste time on things that don't matter.

Price: (excluding pre-agreed expenses)

- Keynote speech £2,550

Synopsis:

Everyone has dreams, creativity, under used talent, unfulfilled potential beyond that which can be seen. You have life busting inside of you to get out. You have things on your heart to do, that you wish you had the time or resources to do. But you're too busy. Or it's not the right time. Or you sacred. What happens if you fail?

It's time to end that fear. It's time to dream big and act! It's time to step up, step out and be the best YOU you can be.

We all have a passion and a purpose in life. You know, the work that we do that energises us; the things we can spend hours on and it feels like minutes; work that has us in the zone, in the flow, in our sweet spot. Work that we wish we could do forever. Our calling if you will. A raison d'etre. Something that gets you out of bed with a spring in your step and a smile on your face!

Let's do that every day! Let's stop dreaming and start living the dream!

Unfortunately, from a young age we are conditioned to constrain ourselves; to limit our dreams; to protect ourselves from failure; to confine our dreams to only that which we can see is possible. Our parents do it to protect us. The education system does it to conform us. Our friends do it so they don't have to compare themselves to us, the world changers.

From every side we are told to dream small, aim low, live the mediocre life. Well, I say no more!

NO MORE FEAR!

Now is the time to cast off mediocrity. To dream big! To aim high! To step out, step up and be the very best you can be! This book is the catalyst! A manifesto for life.

Testimonials:

“Ben has an amazing capacity to bring out the soul in all of us and help business owners to dig deep and rediscover their passion. He wants to help and boy does he. Really cannot recommend him highly enough. Any business owner, whatever the size should talk to Ben. You will be so glad you did, and so will your staff and customers.”

Sara Walker, *Claass Financial Planning*.

“I had the privilege to attend an inspiring workshop with Ben. I've been around businesses for more years than I'd share and very easily bored. Oh my goodness was I in for a surprise! Ben truly knows his stuff and shares his experience with passion and common sense. I was totally immersed in the day that encourages all of the group to really look into their culture. I won't say more, but get yourself on one of Ben's courses. You won't be disappointed. Ben you have some magic about you and I would go to another in a flash - you are inspiring. ”

Pamela Bates, *Silk Bow Group*.

About The Culture Guy:

Ben has a obsession to inspire, motivate, excite and challenge organisations to be brilliant. He wants to encourage business to be built on a foundation of inspiring mission, honest core values and an audacious vision.

Ben Drury is an entrepreneur and trained social worker. He understands people and cultures and is a dynamic, entertaining and innovative speaker, who has honed his skills during 15 years involvement writing, directing and performing in stage productions. He has worked touring with theatre companies, writing and directing stage productions, developing and delivering leadership training courses, building and leading small businesses, creating web applications and developing social media strategies.

He is a published author and a consultant helping organisations build effective cultures.

He now lives in the North East with his wife and three children, coaching, writing, speaking, coding, and watching rugby and the NFL!

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